

Please note: Everwood Mental Health is not equipped to provide emergency care or after-hours support.

If you or a family member are facing a crisis or need immediate assistance, there are several resources available to help 24/7:

In case of an emergency, call 911 or visit the nearest emergency room.

Available Crisis Hotlines (24/7):

- 911 Emergency Services
- 988 National Suicide & Mental Health Crisis Line
- 1-800-SUICIDA (784-2434) Spanish-language Suicide Prevention Hotline
- 1-800-448-3000 Boystown National Hotline (support for kids, teens, and parents)
- Text CONNECT to 741741 Free, confidential crisis support via text
- Safe Harbor Peer Crisis Line 402-715-4226 (locally operated peer-run support)
- Veterans Crisis Line 1-800-273-TALK (8255)

Nearby Emergency Mental Health Facilities:

- Nebraska Medicine Psychiatric Emergency Services (PES) (Adults Only)
 4350 Dewey Ave, Omaha, NE 68131 | 800-922-0000
- Lasting Hope Recovery Center
 415 S 25th Ave, Omaha, NE 68131 | 402-717-5300
- Douglas County Health Center (Adults Only)
 4102 Woolworth Ave, Omaha, NE 68105 | 402-444-7000
- Methodist Jennie Edmundson Hospital (Adults Only)
 933 E Pierce St, Council Bluffs, IA 51503 | 713-396-6000

CHI Health Immanuel

6901 N. 72nd St, Omaha, NE 68122 | 402-572-2121

• CHI Mercy Hospital - Council Bluffs

800 Mercy Dr, Council Bluffs, IA 51503 | 712-328-5000

If you're not sure what step to take, we encourage you to reach out to one of the numbers above. You're not alone, and support is always available.